

LaPorte Community Turbo Swim Club

LAST CHANCE TIME TRIALS

March 9, 2010

SANCTION: This meet is sanctioned by USA Swimming and Indiana Swimming.
Sanction Number: IN10147

HOST: LaPorte Community Turbo Swim Club

LOCATION: LaPorte High School Natatorium, 601 "F" St, LaPorte, IN 46350

FACILITY: Short course 25 yard pool with non-turbulent lane markers, Colorado timing system, touchpads, back-up buttons, and digital watches.

ENTRIES: Entries will open at 4:30 pm the day of the time trial. All swimmers must be registered with USA Swimming. Swimmers will be entered using their first and last names, age, and USA number as they arrive. Please be sure you have your USA Swimming number with you. We would like for swimmers to arrive and be entered no later than 5:00 pm, however, entries will be accepted throughout the time trial. Swimmers are encouraged to bring someone who is able to time them in case needed. **Timers and counters will need to be provided for events longer than the 500.**

FORMAT: All events will be timed finals. We will determine the order of events after everyone has entered. Swimmers may make as many attempts at an event as they like. We will make sure that all swimmers have plenty of time to rest between events. Swimmers are limited to 5 events per day.

FEES: \$5.00 per individual event attempt, \$5.00 for each relay attempt
\$1.50 Indiana Swimming surcharge per swimmer.

RULES: Current USA Swimming and Indiana Swimming rules will govern this meet. USA Swimming rules 202.3.2 - At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee shall assist the athlete in making arrangements for such supervision. Swimmers must be registered with USA Swimming to be accepted into this meet. Age as of March 9th, 2010 shall determine the swimmer's age for

the entire meet. Coaches MUST constantly display their current USA Swimming coach credential to gain deck access. The meet referee reserves the right to ask for coach credential display and/or deny deck access if coach does not comply or card is no longer valid/current.

SWIM SUIT

LEGISLATION: In swimming competitions, the competitor must wear only one swimsuit in one or two pieces except as provided in 205.10.1. All swimsuits shall be made from textile materials. For men, the swimsuit shall not extend above the navel nor below the knees, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee.

SCHEDULE: Warm ups start at 5:00 pm and will run for approximately 30 minutes. The diving well will be available for warm up and warm down through out the day. We will run time trials until everyone is done or 9:30 pm.

OFFICIALS: If you have any officials that are willing to help with the time trial, please email bchrist@centier.com with the name, email, and phone number of the official.

**THERE IS NO SMOKING PERMITTED ON OR AROUND THE POOL AREA.
THERE IS NO SMOKING PERMITTED ON SCHOOL GROUNDS.**

QUESTIONS:

Meet Director: Brooke Christ
Email: bchrist@centier.com
Phone: 219-608-5173